appetite suppressant



- Fight unwanted food cravings[†]
- → Carry and consume anytime, anywhere
- Help modulate blood sugar levels[†]

What they **Are:**

There are several natural foods and ingredients that work through different mechanisms to give you a feeling of satiety, which in turn will lead to eating less and ultimately to weight loss. The formula for enlyten's Appetite Suppressant strips contains cinnamon powder and cinnamon extract (CinSulin) that curb appetite through glucose regulation. 5HTP, chocolate and cocoa elevate serotonin production in the brain. The fruit extracts in these strips supply necessary nutrients while also serving as natural appetite suppressants.[†]

Why they Work:

CinSulin is a patented extract of cinnamon that has beneficial effects in people with hypoglycemia, as it helps modulate blood glucose levels and acts as a mild appetite suppressant.[†]

Cinnamon Powder helps modulate blood glucose levels and acts as a mild appetite suppressant. It also may help with Type 2 diabetes by controlling blood sugar levels, may significantly lower LDL (bad) cholesterol, and has anti-inflammatory properties.[†]

Natural Chocolate Extract is rich in antioxidants that protect against LDL (bad) cholesterol. Chocolate naturally increases serotonin levels in the brain, resulting in reduced food cravings.[†]

Cocoa Powder has been shown to provide significant antioxidant benefits such as cardiovascular improvements. Cocoa also works as a brain stimulator and mood enhancer by elevating naturally occurring endorphins in the brain. Increased serotonin levels in the brain leads to decreased appetite and reduction in carbohydrate cravings.[†]



Green Apple Extract contains antioxidants that improve immune functions, help with asthma, as well as aid in liver and gall bladder cleansing. Green apples are considered nature's power fruit and are very high in fiber, a key component in controlling food cravings.[†]

Peach Extract is very high in vitamins and antioxidants. It helps with anemia, high blood pressure, gastritis, poor digestion, and may help prevent cancer in the organs and glands due to its high content of Vitamin A.[†]



Grape Seed Oil and its extracts have been beneficial in the treatment of arthritis, acne, skin spots, sunburns, stretch marks, and wrinkles. Grape Seed Oil also helps with high cholesterol levels, diabetes, helps strengthen the immune system, and may help shed pounds by suppressing appetite.[†]

Who they are **For:**

- → Individuals trying to lose weight
- → Alleviate mid-day hunger pangs
- → Individuals who crave sweets
- And many others



5HTP is an amino acid that the body turns into serotonin, a neurotransmitter which helps us feel calm and relaxed and helps reduce our appetite. Serotonin plays a major role in the regulation of important bodily functions. 5HTP acts as an appetite suppressant by increasing levels of the appetite-regulating hormone leptin. Studies have shown that obese women who took a supplement of 5HTP significantly reduced their carbohydrate intake.[†]

"The Appetite Suppressants have a "sophisticated simplicity" where the synergy of active ingredients leads to amazing results through a safe and convenient approach."

-Dr. Kevin Lewis, Chief Quality Officer of Hillcrest Healthcare, and Chief Medical Advisor on the YOUnique Medical Advisor Board



Supplement Facts

Serving Size: 1 strip Servings per cassette: 12

	Amount per Serving	% Daily Value	
Proprietary Blend	20mg	*	
Grape Seed Oil, Apple Extract, Peach Extract, Cinnamon Extract, 5-HTP, Cocoa Powder, Cinnamon Powder, Chocolate Extract			

*Daily Value not established.

Other Ingredients: Pectin, Water, Natural Flavors, Vegetable Glycerin, Annatto Extract (color), Acesulfame Potassium, Lecithin (Soy), Stevia (Reb-A), Citris Extract, Corn Starch. Contains soy. If you are allergic to any of these ingredients, or are pregnant or nursing, consult a physician before taking this or any other dietary supplement.

Directions:

For best results, place 1strip in your mouth, allow to dissolve before ingesting.

Warning:

KEEP OUT OF REACH OF CHILDREN. CARRYING CASE MAY PRESENT A CHOKING HAZARD. STORE AT 59° TO 77°F OR 15° TO 25°C IN A COOL, DRY PLACE. KEEP OUTER PACKAGING FOR IMPORTANT PRODUCT INFORMATION.

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[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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