

electrolytes+ strips

 enlyten®

 Sugar  Calories  Carbs

- Replenish electrolytes that are lost during activity†
- Help maintain hydration levels with proper fluid intake†
- Achieve peak muscle and nerve function†

What they Are:

Electrolytes are important because they are what your cells use to maintain voltages across their membranes and to carry electrical impulses to other cells. Your kidneys work to keep the electrolyte concentrations in your blood constant despite changes in your body. For example, when you exercise heavily, you lose electrolytes in your sweat, particularly sodium and potassium. These electrolytes must be replaced to keep the electrolyte concentrations within your body at the levels necessary for proper muscle, nerve and organ functioning.

The enlyten Electrolytes+ strips contain soluble salts of sodium and potassium to replenish the body's depleted stores during, and after physical activity. They also contain vitamins and other minerals to help your body maintain peak performance.†

Why they Work:



Vitamin C protects the body from free radicals that can damage cells and cause premature aging.†



Vitamin B12 helps in healthy regulation of the nervous system, reduces depression, fatigue, and brain shrinkage. It is crucial in energy metabolism, helps in healthy regulation of the nervous system, and also helps maintain a healthy digestive system.†



Sodium Chloride - Sodium is the primary electrolyte that regulates the extracellular fluid levels in the body. It is essential for hydration, osmotic equilibrium, acid-base balance, and regulation of plasma volume, nerve impulses, and muscle contractions. Sodium is essential for hydration because it pumps water into our cells.†



Di Potassium Phosphate - Just as sodium is essential for pumping water into cells, potassium pumps the by-products of cellular processes out of our cells. Potassium is crucial to heart function and it also plays a key role in muscular function.†

Who they are For:

- Athletes of all ages and ability
- Leg cramp sufferers
- Construction workers
- Firefighters
- And many others



"The Electrolytes+ strips are the reason I originally became involved as an Independent Distributor with enlyten in Jan, 2009. A couple of months prior, I had to make an emergency trip to the hospital to get an IV while playing in a three-day baseball tournament in the Texas heat. The doctor said I was suffering from hyponatremia, which is having too much fluid, but not enough electrolytes. The enlyten Electrolytes+ strips are the only way I can stay properly hydrated while playing competitive baseball and soccer, or working outside."

- **Rick Wright**, Founder and CEO, YOUUnique Partners, LLC

"As a tri-athlete myself, I can't take in a tremendous amount of electrolyte-enhanced sports drinks while I'm competing. The enlyten Electrolytes+ strips are the most efficient product I have found for pre-loading and replenishing the sodium, potassium, and other electrolytes lost from sweating. For athletes of all ages, from youth to the most elite competitors in the world, they are a MUST for training and competing."

- **Dr. Steve Coupens**, Orthopedic Surgeon, Team Physician for the U.S. Olympic Cycling and Swimming teams, Member of the YOUUnique Medical Advisory Board



Supplement Facts

Serving Size: 6 strips
Servings per cassette: 2

	Amount per Serving	% Daily Value
Vitamin C (as Ascorbic Acid)	80mg	133%
Vitamin B12 (as Cyanocobalamin)	6mcg	100%
Sodium (as Sodium Chloride)	70mg	3%
Potassium (as Di Potassium Phosphate)	24mg	<1%

Other Ingredients: Pectin, Oat Fiber, Water, Essential Orange Oil, Glycerin, Maltodextrin, Natural and Artificial Flavors, Sucralose, Lecithin, Acesulfame Potassium, Natural Annatto Extract (color), Corn Starch, Calcium Magnesium Lactate Gluconate. Contains Soy. If you are allergic to any of these ingredients, or are pregnant or nursing, consult a physician before taking this or any other dietary supplement.

Directions:

For best results, place 1-6 strips in your mouth, allow to dissolve before ingesting. This product does not replace fluids lost during activity. Proper hydration is required to exercise, train, and compete.

Warning:

KEEP OUT OF REACH OF CHILDREN. CARRYING CASE MAY PRESENT A CHOKING HAZARD. STORE AT 59° TO 77°F OR 15° TO 25°C IN A COOL, DRY PLACE. KEEP OUTER PACKAGING FOR IMPORTANT PRODUCT INFORMATION.

"Best New Product"
2007 Conference



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†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.