

- Refresh your mind†
- Rejuvenate your body†
- Optimize performance†

## What they Are:

The enlyten Focus/Energy strips use a combination of vitamins and herbal extracts to improve mental focus, provide quick energy, and maintain peak performance during periods of physical exertion and stress.†

## Why they Work:



**Vitamin B6** helps brain function and helps the body convert protein to energy.†



**Vitamin B12** helps in healthy regulation of the nervous system, reduces depression, fatigue, and brain shrinkage. It is crucial in energy metabolism, helps in healthy regulation of the nervous system, and also helps maintain a healthy digestive system.†



**Caffeine** from tea is a stimulant that helps fight ordinary fatigue. Caffeine works by blocking the effects of adenosine, a brain chemical involved in sleep. When caffeine blocks adenosine, it causes neurons in the brain to fire. Thinking the body is in an emergency, the pituitary gland initiates the body's "flight or fight" response by releasing adrenaline, which causes the liver to release extra sugar into the bloodstream for energy. Caffeine also affects the levels of dopamine, a chemical in the brain's pleasure center. All of these physical responses make you feel energized.†



**Ginseng Extract** helps provide the long term energy and the ability to cope with the occasional stress that is so often needed in our everyday lives. Ginseng has been used to treat a variety of health problems including reducing mental stress and anxiety, increasing mental clarity and alertness, stimulating the immune system and nervous system, lowering cholesterol levels, reducing fatigue, improving athletic endurance, and improving digestion.†

## Who they are For:

- Coffee drinkers
- Energy drink consumers
- Students in class
- Truck drivers and shift workers
- And many others



**Ginkgo Biloba Extract** is an herbal supplement derived from the leaves of a ginkgo tree. It works by increasing blood flow to the body's network of blood vessels that supply blood and oxygen to the organ systems. Ginkgo Biloba extract is used to help a variety of conditions including memory loss in the elderly, depression, heart disease, strokes, allergies, chronic fatigue syndrome, and attention deficit hyperactivity disorder (ADHD.) It is also well recognized for its positive effect on brain functioning, enhancing memory and mental alertness.†



## Supplement Facts

Serving Size: 3 strips  
Servings per cassette: 4

	Amount per Serving	% Daily Value
Vitamin B6 (as Pyridoxine HCL)	3mg	150%
Vitamin B12 (as Cyanocobalamin)	7.5mcg	125%
Proprietary Blend	32mg	*

Caffeine (from Tea), Ginseng Extract, Ginkgo Biloba Extract.

\*Daily Value not established.

**Other Ingredients:** Pectin, Oat Fiber, Glycerin, Water, Maltodextrin, Natural and Artificial Flavors, Grapeseed Oil, Menthol, Natural Spinach Extract (color), Sucralose, Lecithin, Acesulfame Potassium. Contains Soy. If you are allergic to any of these ingredients, or are pregnant or nursing, consult a physician before taking this or any other dietary supplement.

## Directions:

For best results, place 1-3 strips in your mouth, allow to dissolve before ingesting.

## Warning:

KEEP OUT OF REACH OF CHILDREN. CARRYING CASE MAY PRESENT A CHOKING HAZARD. STORE AT 59° TO 77°F OR 15° TO 25°C IN A COOL, DRY PLACE. KEEP OUTER PACKAGING FOR IMPORTANT PRODUCT INFORMATION.



"I've tried multiple medications (over the counter and prescription) and nothing has been able to get rid of my bad headaches- until now. When I start to feel a headache come on, I take two strips and within minutes it is gone! All natural and so easy to carry in my purse. I love the focus/energy strips!"

-Kim Ray, enlyten consumer

"As a high school & college basketball referee working 4 to 6 nights a week it is easy to get run down. The FocusEnergy and Electrolytes+ strips help me stay energized and on top of my game. Focus is a great name for the energy strips because they really do help me maintain mental focus during games."

-Ashley Benson, enlyten consumer

